| Personal details | | | | | | | | | | |
|---|---------------------------------------|-----------------|----------------|--------|-----------------------|-----------|---|--------|-------------|--|
| | | | | | | Date of | | | | |
| | | | | | | Male [|] Female [] | | | |
| Easiest contract telepho | one numbe | er | | | | | | | | |
| Email | | | | | | | | | | |
| Date of Trip | | | | | | | | | | |
| Date of Departure | | :•. | | | | | | | | |
| Return date or overall le | | rip | | | | | Transfer d' | | | |
| Itinerary and purpose of visit Country to be visited | | | | | | | | | | |
| Country to be visited | Area in t | nat Country | Length of stay | | | | Away from medical help at destination, if so, how remote? | | | |
| 1. | | | | | | | - | | | |
| 2. | | | | | | | | | | |
| 3. | | | | | | | | | | |
| Future travel plans | | | | | | | | | | |
| | | | | | | | | | | |
| Please tick as approp | riate bel | ow to best o | lescribe y | our t | rip | | | | | |
| 1. Type of trip | | Business | | | Pleasure | | | Other | | |
| 2. Holiday type | | Package | | | Self organised | | | | Backpacking | |
| | | Camping | | | Cruise sh | hip | | | Trekking | |
| 3. Accommodation | · · · · · · · · · · · · · · · · · · · | Hotel | | | Relatives/family home | | | | Other | |
| 4. Travelling | | Alone | | | With family/friend | | | | In a group | |
| 5. Staying in area which is | | Urban | | | Rural | | | | Altitude | |
| 6. Planned activities | | Safari | | | Adventure | | | | Other | |
| Personal medical his | tory | | | | | | | | | |
| Do you have any recent | t or past n | nedical histor | y of note? | (inclu | ıding diab | etes, hea | irt or lu | ng cor | nditions) | |
| List any current or repeat medications | | | | | | | | | | |
| Do you have any allerg | ies for exa | imple to eggs | s, antibiotio | cs, nu | ts? | | | | | |
| Have you ever had a se | erious reac | tion to a vac | cine given | to yo | u before? | | | | | |
| Does having an injectio | n make yo | ou feel faint? | | | | | | | | |
| Do you or any close far | nily memb | ers have epi | lepsy? | | | | | | | |
| Do you have any histor | y of menta | al illness incl | uding depr | essior | or anxiet | ty? | | | | |
| Have you recently unde | ergone rad | liotherapy, ch | nemothera | py or | steroid tre | eatment? | | | | |
| Women only: Are you pregnant or planning pregnancy or breast feeding? | | | | | | | | | | |
| Have you taken out travel insurance and if you have a medical condition, informed the insurance company about this? | | | | | | | | | | |
| Please write below any further information which may be relevant | | | | | | | | | | |

| Vaccination history | | |
|------------------------------|---|-------------|
| Tetanus | Polio | Diphtheria |
| Typhoid | Hepatitis A | Hepatitis B |
| Meningitis | Yellow Fever | Influenza |
| Rabies | Jap B Enceph | Tick Borne |
| Other | | |
| Malaria tablets | | |
| For discussion when risk ass | essment is performed within your appoir | ntment: |

DECLARATION

I have no reason to think that I might be pregnant. I have received information on the risks and benefits of vaccines

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|--|-----------|---------|-----------------------|-----------------------------------|---------------------|----------|-------------------------|--|--|
| Patient Name: | | | | | | | | | |
| Travel risk assessment performed | Yes [|] N | 0[] | | | | | | |
| Travel vaccination recommend | ded for t | his tri | р | | | X | | | |
| Disease protection Yes | | 5 1 | | 0 | Further information | | | | |
| Hepatitis A | | | 11 | | | | | | |
| Hepatitis B | | | | | | | | | |
| Typhoid | | | | | | | | | |
| Cholera | | | | | | | | | |
| Tetanus | | | | | | | | | |
| Diphtheria | | | | | | | | | |
| Polio | 1 | | * | | | | | | |
| Meningitis ACWY | | | | | | | | | |
| Yellow Fever | | | | | | | | | |
| Rabies | | | | | | | | | |
| Japanese B Encephalitis | | | | | | | | | |
| Other | | | | | | | | | |
| Travel advice and leaflets give | en as pe | r trave | el proto | col | | | | | |
| Food water and personal hygiene advice | | | Travellers' diarrhoea | | | | Hepatitis B and HIV | | |
| Insect bite prevention | | | Animal | Animal bites | | | Accidents | | |
| Insurance | | | Air travel | | | | Sun and heat protection | | |
| Websites | | | Travel Record | | | | | | |
| | | | Other | | | | | | |
| Malaria prevention advice and | malaria | chem | oprop | hylaxis | | | | | |
| Chloroquine and proguanil | | | | Atovaquone + proguanil (Malarone) | | | | | |
| Chloroquine | | | | Mefloquine | | | | | |
| Doxycycline | | | | Malaria advice leaflet given | | | | | |
| Further information | | | | | | | | | |
| e.g. weight of child | | | | | | | | | |
| | | | | | | | | | |